

Personal Profile

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Designation : Director of Physical Education & Sports
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Date of Joining : 01/10/1999



Professional Development Programs

Sr. no.	Name of the Course	Name of the Organizer	Duration
1	One Week Faculty Development Course	Sarswati Kala Mahavidyalaya, Dhihanda	04/06/2020 to 10/06/2020
2	One Week Online Multidisciplinary Faculty Development Programme on " MOOC's e-content Development and OER"	Government First Grade College, Hungund-Karnataka	28/05/2020 to 03/06/2020
3	National Level FDP on " Games and Wisdom"	Lokmanya Tilak Mahavidyalaya, Yawatmal	13/07/2020 to 18/07/2020
4	Online International Faculty Development Programme	Mumbai University	29/08/2020 to 2/09/2020
5	Online Short-term Course	LRT College, Akola	13/07/2020 to 16/07/2020
6	E- Certificate Course on Basic Yogic Exercise	BSP Arts College Pimpalgaon	2020-21

Conferences/ Seminars/Workshops/Webinars Attended

Sr. no.	Name of The Conference	Date	Level
1	National Conference on Empowering India with Health Through Physical Education & Sports Sciences	29/08/2014	National
2	National Conference on Modern Trends in Physical Education	15/12/2014	National
3	National Conference on Health Fitness Yoga and Community Nutrition: Essence of Life	25/11/2014	National
4	Participated in the 3 rd National Conference on Physical Education and Sports	17/12/2016	National
5	National Conference on Indian Women Past Present and Future	24/12/2016	National
6	Online National E-Conference on Impacts of Online Education	30/11/2021	National
7	International Conference on Recent Trends in Commerce and Humanities	23/03/2019 to 24/03/2019	International
8	HUPM, International Conference on Yoga for Global Well-being,	09/02/2019 to 12/02/2021	International
9	National Conference on Interdisciplinary Research in Science and Technology, Souvenir, Published by RLT College, Akola	24/06/2020	National
10	National Workshop on One Week Yoga for Beginners"	26/05/2020	National
11	Seven days Yoga Workshop	28/05/2022	National

Research Publications

Sr. No.	Title	Journal	ISSN / ISBN No.	Impact Factor	Years
01	Psychological Tips for mental training	Aayushi International Interdisciplinary Peer-Reviewed Research Journal. (Indexed)	ISSN: 2349-638x,	5.707	2018
02	Impact of Weight training on Selected physical fitness components among weight lifters	Aayushi International Interdisciplinary Peer-Reviewed Research Journal. (Indexed)	ISSN: 2349-638x,	5.707	2019
03	Importance of physical activity for youth	Vidyawarta International Multilingual Refereed Research Journal.	ISSN: 2319-9318,	5.131	2019
04	Influence of Yogic Practices on Selected Psychological Variables Among None Government Working	Aayushi International Interdisciplinary Peer-Reviewed Research Journal. (Indexed)	ISSN: 2349-638x,	(SJIF) 7.675	2019
05	New Technologies and Sports Skills	Aayushi International Interdisciplinary Peer-Reviewed Research Journal. (Indexed)	ISSN: 2349-638x,	5.707	2019
06	Impact of Technologies in Cricket and Advantages of Cricket.	Aayushi International Interdisciplinary Peer-Reviewed Research Journal. (Indexed)	ISSN: 2349-638x,	5.707	2019
07	A New Perspective on Health Issues in the Wake of Pandemic: Reference to Covid-19.	B. Aadhar International Peer-Reviewed Research Journal	ISSN: 2278-9308	(SJIF) 7.675	2021
08	Yoga for Health in Modern Era with Reference to Globalization.	Entire Research Multidisciplinary International Journal	ISSN: 0975-5020	6.399	2021
09	Effect Of Specific Jump Exercise on Leg Strength and Power of Different Age Group Students	B. Aadhar International Peer-Reviewed Research Journal	ISSN: 2278-9308	(SJIF) 7.675	2021
10	Nirbhar Bharat: Enhancing Lives to Overcome Covid- 19 Pandemic	Ajanta Multidisciplinary International E-Research Journey	ISSN: 2277-5730	6.399	2021
11	Effect of meditation on mental toughness and sports competitive anxiety among badminton players	J a-game Indexed, Research Nebula, International refereed peer reviewed quarterly journal	ISSN: 2277-807	(SJIF) 7.399	2021
12	Application of Psychology in the Field of Physical Education.	Research Nebula, International refereed peer reviewed quarterly journal	ISSN: 2277-8071	(SJIF) 7.399	2021
13	Impact of pandemic on physical education-Distance Education	International Journal of Physical Education, health and sports sciences	ISSN: 2279-0306		2022
14	Research Methodology in Social Sciences: A New Perspective	Research Journey International E-Research Journal	ISSN: 2348-7143		2022
15	A Comparative Study of Ancient and Present Education System	Interdisciplinary Peer reviewed Journal for Innovative research And Evaluation LOKNAYAK	ISSN: 2278-4884		2022
16	Role of Yoga and meditation to reduce stress and mental toughness,	International Educational scientific research Journal	ISSN: 2455-295x		2022
17	An Analysis of effect of Weight Training on Over Weight Individuals	Research Journal of India	ISSN: 2349-3970	6.192	2022
18	Information Communication Technology in Higher Education: Enhancement and Growth,	International Journal of Scientific research in Science and Technology	ISSN: 2395-602x		2023
19	Sports and Physical Activities: Building Endurance and Co-ordination	J a-game Indexed, Research Nebula, International refereed peer reviewed quarterly journal	ISSN: 2277-807	(SJIF) 7.399	2023

20	Usage of ICT in Sports Enhancing the Performance of Athletes in Present Era	A Multidisciplinary Approach to Higher Education Vol. III, Dnyanpath	ISBN: 13978-81-972505-1-4		2023-24
21	Nourishment And Development in Personality of Athletes Psychological and Physiological Factors Over Sports	शारीरिक शिक्षा एवं स्वास्थ्य (उच्च शिक्षा संस्थानों के संदर्भ में)	ISBN: 978-93-340-6923-5		2023-24
22	Yoga and Physical Activities: Impact on Psychological Parameters	An International Multidisciplinary Half Yearly Research Journal IDEAL	ISSN: 2319-359X	(SJIF) 7.537	2023-24
23	Physical Activities and Sports: Trends and Development under NEP for Learning	International Journal of Advanced Research in Science, Communication and Technology (IJAR SCT)	ISSN: 2581-9429	7.301	2023-24
24	Importance of Physical Activities and Sports Activities: Health and Wellness	Journal of Creative Research Thoughts (IJCRT)	ISSN: 2320 -2882		2024-25
25	Psychological and physiological practices: Development in Personality of Athletes	International Multidisciplinary Research Nebula	ISSN: 2277-8071		2024-25
26	A Way Towards Health and Nourishment Sustainable Development Through Physical Activates	Aadhar Publication Vol-2	ISBN: 978-93-95494-88-5		2025-26
27	Physical Education and Sports: Research Methodology and Innovations	Research Nebula	ISSN: 2277 -8071		2025-26
28	Role of Yoga and Meditation: Psychological Physiological Factors	International Multidisciplinary Research Journal Shodh Narmada	ISSN: 2395 -1516		2025-26
29	Impact of Ai in Sports Events: Enhancing Performance and Injury Prevention	International Multidisciplinary Research Journal B. Aadhar	ISSN: 2278 -9308		2025-26
30	Importance of Physical Activities and Sports Activates: Health and Wellness	International Journal of Creative Research Thoughts (IJCRT)	ISSN: 2320 -2882		2025-26
31	A Way Towards Sports Tourism: Enhancement In Regional Growth	National Conference on Physical Education Foundation of India (PEFI)			2025-26

Honors & Awards

Sr. no.	Honar/Award	Organization Name	Year
1	Adarsh Shikshak Rajya Purskar,	Late Kondaji namdev Dudhare Multipurpose mandal, Nashik, Regd. 648/2015	2018
2	Maharashtra Guru Gaurav Award	College Times Educational News Papers & News Channel	2019
3	State Level Ideal Teacher Award	Congress Teachers Cell,	2021
4	Rajystariya Purskar	Janmat Pratisthan,	2022
5	Adarsh Shikshak Purskar	Sant Gadge baba Samajik Pratisthan, Akola	2022
6	Rajystariya Purskar	Parivartan Samjik Sanstha & Jagdish Foundation, Akola	2022
7	Satpuda Gaurav National Award	Tribal Sports & Education Society, Nandurbar	2022
8	Rajystariya Upkramshil Shikshak Purskar	Maharashtra Navkranti Shikshak Vapadvidhar Sanghatana	2022
9	Avirat Nisarg Seva Purskar	King Kobra Adventure and Research Foundation, Babhulgaon	2022
10	Gururgaurav Shikshanratna Purskar	Tarunai Foundation, Kutasa,	2024
11	Global Best Teacher Award	Kaiasadhana Social Organization	2024

12	Maha Global Rajystariya Purskar	Devkai Pratisthan & Mitali Foundation Jalgoan	2024
13	Rashtriya Purskar	Rathod Foundation Kolapur	2025
14	Maharashtra Ratan Rajystariya Purskar	Matrabhumi Social Foundation & Zep Foundation Pune	2025

Role at University / Institute Level

Sr. no.	Organization Name	Role	Year
1	Games and Sports Committee	Chairman	
2	College Alumni Association	Chairman	
3	College Anti Ragging Committee	Chairman	
4	Grievance Redressal Committee	Chairman	
5	Students Support and Services Committee.	Chairman	
6	Member of College Development Committee	Member	
7	Committee Member of Internal Quality Assurance Cell	Member	
8	Member of NSS Advisory Committee	Member	
9	Discipline Committees	Chairman	
10	Member Finance and Purchase Committee	Member	
11	Member of Students Feedback Committee	Member	
12	Member of Cultural Committee	Member	
13	MPSC preliminary examination of non-gazette services B grade of Maharashtra Gov. at Akola	Examiner	2021-22
14	MPed Practical examination of Swami Ramanand Tirth Marathwada, University, Nanded.	Examiner	2022-23
15	SGBAU, Amravati for Inter University Weight Lifting (Women) Competition 2023-24	Team Coach	2023-24
16	Inter Collegiate Annual Athletic Meet 2023-24	Technical official	2023-24
17	HSC Exam. Feb/March 2024 at Sudhakar Rao Naik Art & Umashankar Khetan Collage Akola.	Co-Officer	2023-24
18	Worked as a Presiding Officer for Election 2024	Presiding Officer	20/11/2024

Extension Activates

Sr. no.	Activity Name	Date	Level
1	Organizing In Inter Disciplinary National Conference on Role of Higher Education in Making India Superpower	21 August 2019	National Level
2	Organized Online Quiz Competition On "Sports Knowledge Test" In COVID-19 Pandemic Lockdown	11 May 2020	
3	Organizing National Workshop on Body Building & Weight-Lifting Compressive Guidance for		National Level

	Beginner to Achiever		
4	Organizing Intra-college Weight Lifting (Men & Women) 2025-2026 Tournament	05 to 07 November 2025	University Level